

**Boerne Pediatrics 6 month old baby Well Check**

Your baby is now half a year old. This is an exciting time. The baby is more responsive, smiling, starting to roll over, starting to droll at the beginning stages of teething.

Below are links to age appropriate websites that offer babycare tips.

**PLEASE DO NOT USE THE INTERNET FOR MEDICAL ADVICE.**

Please share all medical concerns with your Board Certified Pediatrician.

**6 month old well Child Check, Your baby will receive 5 vaccines**

- **DaPT #3**
- **HIB #3**
- **Hep B #2**
- **Pevnar #3**
- **Rotateq oral #3**
- **Flu vaccine when appropriate**

All vaccines are Thimerisol free. Accurate Vaccine information

[www.cdc.gov](http://www.cdc.gov), [www.vaccineinformation.org](http://www.vaccineinformation.org) [www.aap.org](http://www.aap.org) [www.babyzone.com](http://www.babyzone.com)

**You may offer Infant Tylenol 0.8 (12-18lbs) dropper Now and again in 4-6hrs.**

**[www.tylenol.com](http://www.tylenol.com)**

**Do not offer your baby any other medicine without calling our office.**

**Tylenol is toxic, do not give for teething at this age.**

**Motrin can be used for fever as warranted**

**Babies may have congestion at night. Nasal congestion can be relieved by using "Ocean" or "little noses" nose drops to clear secretions along with your bulb syringe.**

- [www.littleremedies.com](http://www.littleremedies.com)

**Feeding: do not leave baby unattended while feeding no bottle propping**

- [www.Gerber.com](http://www.Gerber.com); [www.earthsbest.com](http://www.earthsbest.com)
  - **May increase to stage 2 solids when sitting up well**
  - **Offer 2-4 oz of water/day during warm weather**
  - **May start with a sippy or straw cup**

**Developmental milestones: Happy to see you, smiles, coos, uses both hands equally, likes to be up on both legs, pushes up on hands, attempts to roll over**

**Place baby on firm surface for tummy time 4 times daily**

**<http://www.parents.com/baby/development/physical/putting-baby-on-belly/>**  
**[www.kidshealth.com](http://www.kidshealth.com) <http://pediatrics.about.com/>**

**Please call and make an appointment if you have any concerns about your child's growth or development**

**NEXT WELL CHILD VISIT @ 9 months of age**  
**[appointments@boernepeds.com](mailto:appointments@boernepeds.com) to schedule via email;**  
**never use email to discuss specific medical concerns.**