

Boerne Pediatrics 6 month old baby Well Check

Your baby is now half a year old. This is an exciting time. The baby is more responsive, smiling, starting to roll over, starting to drool at the beginning stages of teething.

Below are links to age appropriate websites that offer baby care tips.

PLEASE DO NOT USE THE INTERNET FOR MEDICAL ADVICE.

Please share all medical concerns with your Board Certified Pediatrician.

6 month old well Child Check, Your baby will receive 5 vaccines

- DaPT #3
- Hib #3
- Hep B #2
- Prevnar 13 #3
- Rotateq oral #3
- Flu vaccine when appropriate

All vaccines are Thimerisol free. Accurate Vaccine information

www.cdc.gov, www.vaccineinformation.org www.aap.org www.babyzone.com

You may offer Infant Tylenol 0.8 (12-18lbs) dropper Now and again in 4-6hrs. www.tylenol.com

Do not offer your baby any other medicine without calling our office.

Tylenol is toxic, do not give for teething at this age.

Motrin can be used for fever as warranted

Babies may have congestion at night. Nasal congestion can be relieved by using "Ocean" or "little noses" nose drops to clear secretions along with your bulb syringe.

- www.littleremedies.com

Feeding: do not leave baby unattended while feeding no bottle propping

- www.Gerber.com; www.earthbest.com
 - May increase to stage 2 solids when sitting up well
 - Offer 2-4 oz of water/day during warm weather
 - May start with a sippy or straw cup

Developmental milestones: Happy to see you, smiles, coos, uses both hands equally, likes to be up on both legs, pushes up on hands, attempts to roll over

Place baby on firm surface for tummy time 4 times daily

<http://www.parents.com/baby/development/physical/putting-baby-on-belly/>
www.kidshealth.com <http://pediatrics.about.com/>

Please call and make an appointment if you have any concerns about your child's growth or development

NEXT WELL CHILD VISIT @ 9 months of age

appointments@boernepeds.com to schedule via email;

never use email to discuss specific medical concerns.

By Six Months of age your baby should:

- hold head steady when sitting with your help
- reach for and grasp objects
- play with his toes
- help hold the bottle during feeding
- explore by mouthing and banging objects
- move toys from one hand to another
- shake a rattle
- pull up to a sitting position on her own if you grasp her hands
- sit with only a little support
- sit in a high chair
- roll over
- bounce when held in a standing position
- Open Mouth for the spoon
- Imitate familiar actions you perform
- babble, making almost sing-song sounds
- know familiar faces
- laugh and squeal with delight
- scream if annoyed
- smile at herself in a mirror

By 9 months of age your baby should:

- * Trying to crawl upstairs.
- * Starting to pull up and cruise holding on with both hands to furniture.
- * Sitting steadily and indefinitely alone.
- * Sitting down after standing.
- * Index finger begins to lead by pointing, poking, and hooking.

- * Vocalizing emotions through voice signals.
- * Imitating coughing, hissing, and tongue clicking.
- * Listening to conversations and singing tones.
- * Following simple commands.

- * Fearing heights.
- * Uncovering toys that are seen hidden.
- * Retaining a series of ideas in mind.

- * Performing for family and repeating the act if applauded.
- * Crying when another child cries, shows sensitivity to others.
- * Playing out new fears. Stranger and separation anxiety is often very strong.
- * Showing interest in the play of others. May play patty-cake.
- * Feeding self a cracker.
- * May choose a special toy or blanket to sleep with or hold when anxious or tired.