

4 month old well Child Check www.boernepeds.com

Your baby will have received 5 vaccines today

- DaPT #2
- HIB #2
- IPV #2
- Prevnar 13 #2
- Rotateq oral #2

All vaccines are Thimerisol free. Accurate Vaccine information

www.cdc.gov, www.vaccineinformation.org www.aap.org www.babyzone.com

You may offer Infant Tylenol 0.8 (12-18lbs) dropper Now and again in 4-6hrs. www.tylenol.com

Do not offer your baby any other medicine without calling our office. Tylenol is toxic, do not give for teething at this age. Do not give Motrin.

Nasal congestion can be relieved by upright positioning, Use Ocean nose drops to clear secretions along with your bulb syringe.

- Place baby on a firm safe surface at least 4 times/day for "tummy time"
- May offer cereal and Stage 1 solid foods
- www.Gerber.com, most web sites have coupons
- Call office for fever >101.
- Nurse advice 210-22-NURSE
- Bring IMMUNIZATION RECORD to all well child visits.

Developmental milestones: Happy to see you, smiles, coos, uses both hands equally, likes to be up on both legs, pushes up on hands, attempts to roll over
NEXT WELL CHILD VISIT @ 6 months of age

- This is an enjoyable time for you and your baby. He or she is more fun and less work. He or she is exploring more and trying to make contact with his or her surroundings
- Continue to hold, cuddle, talk to, sing to and rock your baby as much as you can. Every interaction stimulates brain development. He or she needs an interested audience and a chance to use his or her laughing skills
- Now is the time to think about getting your baby a playpen and some suitable toys to keep him or her entertained
- Read brightly colored books to your baby. Reading is important to succeed as an adult and you can not start early enough.
- Since the 4-month-old infant is more active, spitting up is common at this age, so have a good supply of absorbent bibs to protect your baby's skin and clothing from being constantly wet
- Please let our office know if you have any concerns about your child

"Learn the Signs", Act Early, Educate yourself about the benefits of vaccines.